



A Cascade Bicycle Club Education Foundation Event

ROW CASCADE SPAWNING CYCLE RIDE

ROW is pleased to sponsor the Restore Our Waters Cascade Spawning Cycle bike ride. The ride offers five routes ranging from four to 55 miles, with the two longest routes based loosely on the Pacific salmon spawning cycle.

SEATTLE HAS OVER 102 MILES OF SHORELINE

SALMON BAY NATURAL AREA
Protecting the last substantial undeveloped piece of Ballard shoreline as high quality salmon habitat

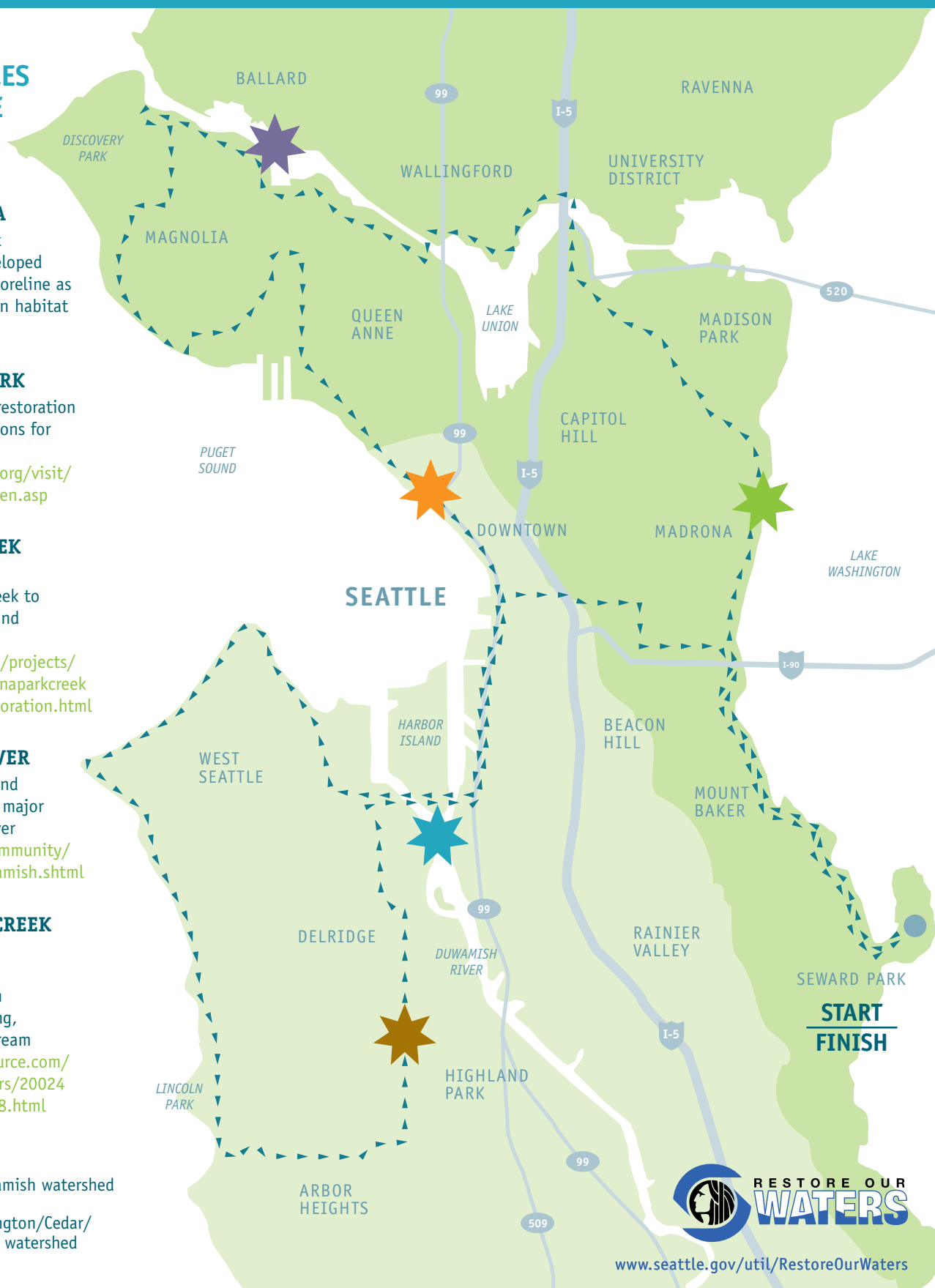
OLYMPIC SCULPTURE PARK
Shoreline habitat restoration to improve conditions for juvenile salmon
seattleartmuseum.org/visit/osp/AboutOSP/green.asp

MADRONA CREEK DAYLIGHTING
Connecting the creek to Lake Washington and restoring habitat
madronawoods.org/projects/daylighting/madronaparkcreek/daylightingandrestoration.html

DUWAMISH RIVER
Ongoing cleanup and restoration of this major salmon-bearing river
portseattle.org/community/environment/Duwamish.shtml

LONGFELLOW CREEK LEGACY TRAIL
Trail building and habitat restoration along a free-flowing, salmon-bearing stream
seattletimes.nwsource.com/html/traveloutdoors/2002443303_nwwcreek18.html

- Green/Duwamish watershed
- Lake Washington/Cedar/Sammamish watershed



www.seattle.gov/util/RestoreOurWaters